



STEVENS INDOOR TRACK & FIELD



MEN'S 2009-10 NCAA DIVISION III INDOOR QUALIFYING STANDARDS

	ECAC	NCAA Provisional	NCAA Automatic
55 meters (60)	6.63 (7.11)	6.47 (6.95)	6.34 (6.82)
55 meter HH (60 HH)	8.00 (8.42)	7.74 (8.33)	7.55 (8.13)
200 meters	23.00	-	-
400 meters	50.71	49.85	48.75
500 meters (600)	1:08.23 (1:23.83)	-	-
800 meters	1:57.17	1:54.90	1:52.80
1000 meters	2:36.01	-	-
1 Mile	4:23.54	4:16.00	4:11.00
3000 meters	8:50.00	-	-
5000 meters	15:23.43	14:53.00	14:30.00
4x200 meter relay	1:34.59	-	-
4x400 meter relay	3:26.15	3:21.00	3:17.00
4x800 meter relay	8:08.60	-	-
DMR	10:37.68	10:10.00	10:00.00
High Jump	1.93m (6'4")	2.02m (6'8")	2.10m (6'10")
Pole Vault	4.40m (14'5")	4.65m (15'3")	5.10m (16'9")
Long Jump	6.70m (21'11")	6.92m (22'8")	7.20m (23'7")
Triple Jump	13.51m (44'4")	14.08m (46'2")	14.68m (48'2")
Shot Put	14.35m (47'1")	15.54m (51')	16.75m (55')
35# Weight Throw	15.20m (49'10")	16.69m (54'9")	18.34m (60'2")
Pentathlon	Top 12	3350 points	3650 points

ns = No Standard

- = Not Contested