

WINTER BREAK - COSTA RICA CHECKLIST

Daypack		Sunscreen	
50 degree Sleeping bag or blanket		Liquid soap/shampoo	
Pants/zip-off legs		Sunglasses	
Hiking shoes		Insect repellent	
Rain gear		Extra eye glasses or contacts	
Loose fitting shirts		Toothbrush	
Bathing suits		Tooth paste	
Light Jacket		Comb or brush	
Underwear		Sandals	
Headlamp		Camera	
Water bottles (2- 1 liter bottles)		Personal medicine	
Bandanna		Baseball hat	
Towel		Duct tape	
Passport		Copy of Passport and Visa	