



**Stevens Institute of Technology Fitness Center Rules and Liability Waiver Rules:**

1. All students, staff, and faculty must present a valid Stevens ID to enter the fitness center. Anyone who fails to produce their ID card will not be permitted to enter the fitness center.
2. You must be at least 18 years of age to use the fitness center or have a parent or guardian sign the appropriate waiver form.
3. Proper work out attire is required. This includes shirt, shorts/pants and sneakers.
4. **Jeans, sandals, work-boots, and street clothes are NOT PERMITTED.**
5. Gym bags, coats, laptops and other personal belongings are not permitted in the fitness center.
6. Foul language and horseplay are not allowed.
7. Any individual excessively dropping the weights or mistreating the equipment will be asked to leave. (**No dropping the weights** please find a spotter or use less weight).
8. Weights and equipment must be returned to their proper place after use.
9. Only the fitness center staff is allowed to operate the radio. Requests should not be made to the staff.
10. Fitness Center members must clean machines after use. Paper towels and cleaning solution are available throughout the gym.
11. Please be considerate of fitness center members and staff.

I hereby indemnify and hold harmless Stevens Institute of Technology and its agents, employees and assigns from and against all claims, damages, losses and expenses that I, my heirs or legal representative have or may have arising out of any accident or any other type of incident through which I or my heirs may be injured or damaged while using any of the equipment or facilities on the Stevens Institute of Technology Campus.

**Faculty and Staff**

Name: First, Middle, Last  
Department  
Contact Number

Stevens E-mail  
Last 3 Digits of I.D. Number

**Students**

Name: First, Middle, Last  
Years Attending  
Contact Number

Stevens E-mail  
Last 3 Digits of I. D. Number

**First Year Students**

Orientation Sign-up (click on the link below to make an appointment)  
[lwilliam@stevens.edu](mailto:lwilliam@stevens.edu)

**SIGNATURE and DATE**

Signature

Date

**Athletic Department Use ONLY**

In System

Date Inputted

Not Located