

# SUMMER BREAK – TIBET CHECKLIST

Daypack		Passport	
Power outlet conversion pack		Copy of Passport/Visa	
Hiking boots		Hand sanitizer	
Extra boot laces		Shampoo/conditioner	
Rain gear		Liquid soap	
wool socks for hiking		Toothbrush	
Nylon Pants for hiking		Tooth paste	
Capilene shirt(s) - hiking		Comb or brush	
At least one week of clothes		Toilet paper x2	
Comfortable shoes		sunscreen	
Headlamp		Personal medicine x2	
Extra bulb and batteries		Camera	
Sunglasses		Hat with sun visor	