

# Winter Break 2008

## COSTARICA, CENTRAL AMERICA

Costa Rica has over 800 miles of beautiful beaches and 25% of the country's land is protected rainforest. We arrive in the capital, San Jose. From San Jose we travel to La Fortuna for one night to observe the active Arenal Volcano. The next day we travel to the Guanacaste Peninsula and the beach town of Samara. Several days will be spent exploring the many deserted beaches in this area. Many of these beaches are well known for the number of Olive Ridley Sea Turtles that come ashore during the night to lay eggs. From Samara, we continue down the Guanacaste Peninsula until we reach Malpais and Santa Teresa. Malpais is well known for its perfect waves. People travel from around the world to surf the waves near Malpais. We will also have an opportunity to hike to some amazing waterfalls. Our final stop is further down the Pacific coast to Manuel Antonio National Park. Manuel Antonio was designated a national park to protect the rainforest that borders the ocean, however the beaches here are some of the finest in the country. Trip includes airfare, transportation and park access fees. Food is not included.



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## ARIZONA/UTAH HIKING and CAMPING

Spend seven days camping and hiking in the national parks of Utah and Arizona. This trip starts off in Arches National Park for two days of exploring various arches and trekking through the desert. The next stop is Canyonlands National Park for hiking and camping in the Needles District, which is in the southern part of the park. The following day will be spent exploring slot canyons in the San Rafael Swell. We will camp in Escalante National Monument and the next day will be spent negotiating the extremely narrow slot canyons of the Escalante River basin. Our final stop is back in Arizona where we will camp and hike in the Sedona area, exploring secret canyons and Indian ruins.

All camping on this trip is within a national park or within the boundaries of land protected by the Bureau of Land Management. All hikes on the trip are day hikes with the longest hike being approximately 11 miles. Participants will have access to shower facilities throughout the trip. The cost of the trip includes airfare, transportation, food, park access fees and campsites. Participants should be prepared for all types of weather from night temperatures near freezing to day temperatures in the 70's. The trip is scheduled to leave on Saturday, March 10<sup>th</sup> and return on Sunday, March 18<sup>th</sup>.

