



STEVENS TRACK & FIELD



MEN'S 2010 NCAA DIVISION III OUTDOOR QUALIFYING STANDARDS

	ECAC	NCAA Provisional	NCAA Automatic
100 meters	11.05	10.76	10.55
110 meter HH	15.76	14.88	14.46
200 meters	22.3	21.75	21.31
400 meters	50.10	48.50	47.50
400 meter IH	56.60	54.30	52.65
800 meters	1:55.20	1:53.00	1:50.80
1500 meters (Mile)	4:01.85	3:54.50 (4:13.20)	3:50.60 (4:09.00)
3000 Steeple	9:40.00	9:25.00	9:07.00
5000 meters	15:15.00	14:48.00	14:28.00
10000 meters	32:25.00	31:10.00	30:20.00
4x100 meter relay	44.00	41.90	41.00
4x400 meter relay	3:24.00	3:16.40	3:13.00
Long Jump	6.70m (22')	7.00m (23')	7.30m (24')
Triple Jump	13.70m (45')	14.20m (46'08")	14.85m (48'08")
Shot Put	14.25m (46'09")	15.45m (50'09")	17.00m (55'10")
Discus	43.60m (143')	47.00m (154'02")	51.50m (168'11")
Javelin	54.60m (179'01")	57.80m (189'07")	62.50m (205'01")
Hammer	47.50m (155'10")	52.50m (172'03")	57.00m (187')
High Jump	1.93m (6'04")	2.02m (6'08")	2.11m (6'11")
Pole Vault	4.40m (14'05")	4.70m (15'05")	5.07m (16'08")
Decathlon	Top 12	6,050 points	6,600 points