

2011-12 Stevens Men's Swimming

Season Preview

Stevens is coming off the most successful year in program history as the Ducks placed 14th at the NCAA Division III Swimming and Diving Championships in Knoxville, Tenn.

Leading the Ducks this season will be a trio of seniors in **Mark Bagniewski (Cranford, N.J.)**, **Carl Nagle (Little Silver, N.J.)**, and **Ben Watkins (Michigantown, Ind.)**. Each is a three-year member of the program that has grown and improved each season through exceptional work ethic and dedication.

Bagniewski will be a valuable member of the breaststroke and sprint groups all year and has made marked improvements since 2008-09, his rookie campaign. The Cranford native will look to continue shaving time in all his events, and eye a trip to the NCAA's in his last year on Castle Point. Bagniewski is a strong influence on the younger members of the squad as a leader in the classroom, in the pool, and throughout the campus community.

Nagle has been one of the Ducks' top sprinters since his freshman season and he too will look to make his first trip to the national championships in March. A key member of several relays, Nagle will eye individual Empire 8 and ECAC titles and is already a two-time all-conference honoree in the 200-yard freestyle relay.

Watkins, like Bagniewski, is a great example of a student-athlete and is also a tireless worker. He will look to continue his improvement in the pool and contribute valuable points to the Ducks' bid to win a third-straight ECAC Championship and second Empire 8 title.

"All three of our captains know the program and will be able to help our younger guys throughout the season," Head Coach **Trevor Miele (New York, N.Y.)** said. "They are all well-rounded and their combined strong points and qualities as individuals will provide great leadership, focus, and stability for the entire program."

Senior **Matthew Smith (Cream Ridge, N.J.)** is another Duck with a lot of experience. He has been key to the Ducks' success at championship meets and hopes to record NCAA cuts in the individual medley and butterfly events this year.

Stevens lost three seniors to graduation in **Dan Pecoraro (Lodi, N.J.)**, **Matthew Preedy (Southampton, Pa.)**, and **Evan Wilson (Oak Harbor, Wash.)**. All three were extremely valuable

to the Ducks and their rise to a top-15 program, but Miele and the rest of the staff has a remarkable amount of returning talent.

"Dan, Matt (Preedy), and Evan were a big reason we ended last year as well as we did, but if our returners continue to develop the way they did last year, I think we will be able to continue to compete with anyone," said the coach.

Sophomore **Conor Arcuri (Beaverton, Ore.)** had a strong freshman season and hopes to record NCAA cuts in the distance and middle distance freestyle events with steady progress. He was a member of the Empire 8 Champion 800-yard freestyle team in 2010-11.

Junior **Alex Benham (Raleigh, N.C.)** is the school-record holder in the 500-yard freestyle and has reached the NCAA Championships in his first two seasons as a Duck. Benham is a four-time honorable mention All-American, has won a pair of Empire 8 titles, and will now eye the top-eight in his distance events this season at the national championship meet.

Junior **Greg Charriez (Mohegan Lake, N.Y.)** has looked excellent in preseason practice and like so many Stevens swimmers, has his sights on the NCAA's. Charriez is one of the Ducks' top athletes in the butterfly and backstroke events and is currently a member of the school-record 200-yard medley relay team.

Sophomore **Elijah Davis (Broomfield, Colo.)** made enormous strides his freshman season and hopes to earn Stevens valuable championship points at the ECAC's and Empire 8's in 2011-12. He too will be hoping for an NCAA cut in his freestyle events.

Sophomore **Mitchell Epperly (Mahwah, N.J.)** is one of the Ducks' best in the butterfly and has shown a superb work ethic in his first year-plus on the squad. Sophomore **Brian Ginebaugh (Belmont, Mich.)** is definitely a candidate to reach the NCAA's after earning a pair of all-conference nods as a rookie, while fellow sophomore **Shawn Hanak (North Royalton, Ohio)** has put in a lot of work during the offseason and is eyeing Dan Pecoraro's backstroke records. He will also be a key contributor in freestyle events.

Sophomore **Henry Hernandez (Chico, Calif.)** has looked good in preseason after a lot of solid work in the offseason.

Junior **John Hu (Oak Harbor, Wash.)** is Stevens' most decorated returner. The veteran was the Empire 8 Swimmer of the Year in 2011 and the Empire 8 Rookie of the Year in 2010. He is a four-time all-conference honoree and is a four-time NCAA All-American. Hu also was an honorable mention All-American three times and holds individual school-records in the 200-yard breaststroke, 200-yard individual medley, and 400-yard individual medley.

Joe Huyett (Blandon, Pa.) is hoping to improve upon a freshman season that saw him reach the NCAA's and earn honorable mention All-American honors. One of the top sprinters in the Stevens stable, Huyett is a two-time first-team All-Empire 8 performer.

Junior **Daniel Munt (Raleigh, N.C.)** made successful strides as a sophomore in 2010-11 and will eye NCAA cuts in butterfly events and sprints after a lot of hard work this summer. Sophomore **Nick Noga (Oriskany, N.Y.)** will look to build on a rookie year in which he reached the NCAA Championships, earning honorable mention All-American honors in the 800-yard freestyle relay.

Coach Miele has once again infused his team with a talented freshman group. **Carlos Blandon (Miami Beach, Fla.)** has shown great ability in the distance events and the versatile **Matthew Daw (Raleigh, N.C.)** is close to NCAA cuts already. **Wesley Elford (Phoenix, Ariz.)** will look to help fill the hole in events swam by graduate Evan Wilson, and **Price Hu (Oak Harbor, Wash.)** has shown a lot of promise in the 200-yard butterfly. **Christopher Iosue (Bellingham, Mass.)** looks strong in distance events, and **Jack Rees (Temecula, Calif.)** has shown the ability to record NCAA-cut times early on in butterfly and sprint events.

"I think we are a strong team top to bottom," said Miele. "If we work as hard as we have in the past and the guys continue to grow, we will see strong results. It will definitely be an exciting season, and we hope to challenge for another ECAC and Empire 8 title along with a quality showing at the NCAA's in Indianapolis."

The Empire 8 Championships are slated for February 22-25 and some individuals will compete in the ECAC Open Championships over that same time period. The NCAA Division III Swimming and Diving Championships are scheduled for March 21-24 in Indianapolis, Ind.

Trevor Miele

*Head Coach * Sixth Season * New York University * 1999*

The 2010-11 season was the fifth at Stevens Institute of Technology for Head Swimming Coach Trevor Miele. Since coming to Stevens in 2006-07, the Ducks' swimming teams have been making monstrous strides and improvements. The last three seasons have been especially remarkable as the two squads are now amongst the nation's best.

The 2008-09 campaign continued an upward trend for Stevens swimming. On the men's side, the team finished 40th nationally and Evan Wilson was the first All-American in the history of the men's program. The women's team had a remarkable season as well. Seven different swimmers reached the NCAA's and the Ducks finished 11th in the entire nation.

In 2009-10, the men improved 23 spots from the previous year, taking 17th in the country. John Hu, Wilson, and freshman Alex Benham all competed at the NCAA's and all three earned some form of All-America accolades. The team won its first-ever Empire 8/UNYSCSA title in impressive fashion over Ithaca College. The women turned in their second top-15 finish in as many seasons, placing 12th in the nation at the NCAA's. Laura Barito was an All-American in the 50-free (fourth place) and 100-free (sixth-place) and once again, the 400-yard freestyle relay team earned All-America honors.

The swimming program jumped to new heights once again last year (2010-11) as both squads recorded their best season to date. The women finished sixth in the nation after an unbelievable run at the NCAA Championships. A program-record nine young women went to the national meet and all nine left as All-Americans. Barito, a senior, became the first-ever NCAA National Champion after winning the 50-yard freestyle and also earned individual All-America honors by placing in the top-eight in the 100-yard freestyle, 200-yard medley relay, and the 200-, 400-, and 800-yard freestyle relays. The men placed 14th in the nation, three spots higher than the previous program-high finish at the national meet as a record eight student-athletes reached NCAA Championship competition. Stevens left with six All-America accolades, 16 honorable mention All-America honors and Hu was named the Empire 8 Swimmer of the Year. The Ducks placed second Empire 8 Championships and broke school-records in 16-of-19 events. Senior Dan Pecoraro was named the Swimmer of the Meet at the Empire 8's, while Hu earned the same honor at the ECAC's, a championship meet in which the Ducks won for the second time. Six individuals earned Scholar All-America honors from the CSCAA and the team, which had a cumulative GPA of 3.28, was named a Scholar All-America team.

Prior to Stevens, Miele served as an assistant coach at New York University. He graduated from the NYU Stern School of Business in 1999 with a double major in Finance and Marketing.

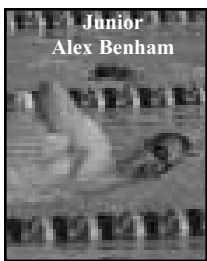


Junior All-American John Hu

2011-12 Stevens Men's Swimming

Program Accolades

- * Placed 14th at 2011 NCAA Division III Swimming and Diving Championships (best-ever)
- * Four All-America and 16 honorable mention All-America honors in 2010-11
- * Finished 40th nationally in 2009 and 17th in 2010
- * Seven All-America and 21 honorable mention All-America accolades over the last four years
- * 2011 Scholar All-America team (3.28 team GPA) and six individuals were named Collegiate Swimming Coaches Association Scholar All-Americans
- * CSCAA Scholar All-America team the last seven years
- * 2010 Empire 8 Champions, 2009 & 2010 ECAC Champions
- * 2008, 2009, 2010 & 2011 Empire 8 Swimmer of the Year
- * Set program-records in 15-of-19 events last year
- * 81 All-Conference honorees at Empire 8 Championships since joining the league for the 2007-08 season (63 over the last two years)
- * John Hu competed at the US Connoco Phillips National Championships in August of 2010 and 2011
- * Stevens swimming has had student-athletes earn National Swimmer of the Week honors three times during the last two years.



Schedule		
Date	Opponent	Time/Result
10/15	Montclair State1 p.m.
10/21	at NYU/SUNY Cortland5 p.m.
10/22	at NYU/SUNY Cortland1 p.m.
11/5	Misericordia1 p.m.
12/2	at ECAC'sAll Day
12/3	at ECAC'sAll Day
12/4	at ECAC'sAll Day
1/8	at Training Trip MeetTBA
1/21	at Johns Hopkins11 a.m.
1/28	at SUNY New Paltz1 p.m.
1/29	TCNJ1 p.m.
2/4	Hartwick1 p.m.
2/22	at UNYSCSA/Empire 8'sAll Day
2/23	at UNYSCSA/Empire 8'sAll Day
2/23	at ECAC Open'sAll Day
2/24	at ECAC Open'sAll Day
2/24	at UNYSCSA/Empire 8'sAll Day
2/25	at UNYSCSA/Empire 8'sAll Day
2/25	at ECAC Open'sAll Day
3/21	at NCAA'sAll Day
3/22	at NCAA'sAll Day
3/23	at NCAA'sAll Day
3/24	at NCAA'sAll Day

Home Meets in Bold

Team Roster

Name	Cl.	Stroke	Ht.	Hometown
Conor Arcuri	So.	Distance Freestyle	6-2	Beaverton, Ore.
Mark Bagniewski *	Sr.	Breaststroke, Sprints	6-0	Cranford, N.J.
Alex Benham	Jr.	Distance Freestyle, IM	6-2	Raleigh, N.C.
Carlos Blandon	Fr.	Distance Freestyle	5-8	Miami Beach, Fla.
Greg Charriez	Jr.	Butterfly, Backstroke	5-5	Mohegan Lake, N.Y.
Jonathan Collins	Fr.	Sprints, Butterfly	6-0	Tecumseh, Mich.
Elijah Davis	So.	Sprint Freestyle	6-0	Broomfield, Colo.
Matthew Daw	Fr.	Distance, IM, Breaststroke	6-0	Raleigh, N.C.
Wesley Elford	Fr.	Distance, IM	6-4	Phoenix, Ariz.
Mitchell Epperly	So.	Butterfly	6-4	Mahwah, N.J.
Brian Ginebaugh	So.	Breaststroke, IM	6-0	Belmont, Mich.
Shawn Hanak	So.	Backstroke, Sprints	6-3	North Royalton, Ohio
Henry Hernandez	So.	Backstroke, Butterfly	5-8	Chico, Calif.
John Hu	Jr.	IM, Butterfly	6-0	Oak Harbor, Wash.
Price Hu	Fr.	Butterfly, IM	5-10	Oak Harbor, Wash.
Joe Huyett	So.	Sprint Freestyle	5-9	Blandon, Pa.
Christopher Iosue	Fr.	Distance, IM	5-10	Bellingham, Mass.
David King	Fr.	Distance	5-11	Conroe, Texas
Matthew Milstead	So.	Distance Freestyle	5-11	Raleigh, N.C.
Daniel Munt	Jr.	Sprints, Butterfly	6-1	Raleigh, N.C.
Carl Nagle *	Sr.	Sprints	6-4	Little Silver, N.J.
Luke Niezelski	Jr.	Mid-Distance	6-2	Latrobe, Pa.
Nick Noga	So.	Mid-Distance Freestyle	6-4	Oriskany, N.Y.
Jack Rees	Fr.	Butterfly, Sprints	5-10	Temecula, Calif.
Derek Smith	Jr.	Freestyle	6-0	Boise, Idaho
Matthew Smith	Sr.	IM, Freestyle	5-11	Cream Ridge, N.J.
Preston Tarry	Fr.	Freestyle	5-11	Lebanon, N.J.
Ben Watkins *	Sr.	Backstroke	5-11	Michigantown, Ind.

* **Captains**

Event	Name	Time (Yr)
50 Freestyle	Tyler Hessler	21.16 ('11)
100 Freestyle	Daniel Pecoraro	46.51 ('11)
200 Freestyle	Daniel Pecoraro	1:39.42 ('11)
500 Freestyle	Alex Benham	4:32.28 ('11)
1,000 Freestyle	Wesley Elford	9:27.73 ('11)
1,650 Freestyle	Wesley Elford	15:39.54 ('11)
100 Backstroke	Greg Charriez	50.97 ('11)
200 Backstroke	Daniel Pecoraro	1:50.88 ('10)
100 Breaststroke	Matthew Preedy	58.65 ('10)
200 Breaststroke	John Hu	2:04.55 ('10)
100 Butterfly	Jack Rees	51.33 ('10)
200 Butterfly	John Hu	1:48.90 ('10)
200 IM	John Hu	1:50.72 ('11)
400 IM	John Hu	3:55.21 ('11)
200 Medley Relay	Greg Charriez	1:33.25 ('10)
	Matthew Preedy	
	Daniel Munt	
	Tyler Hessler	
400 Medley Relay	Daniel Pecoraro	3:24.33 ('11)
	Evan Wilson	
	John Hu	
	Matthew Preedy	
200 Freestyle Relay	Joseph Huyett	1:23.34 ('11)
	Daniel Pecoraro	
	Tyler Hessler	
	Matthew Preedy	
400 Freestyle Relay	Joseph Huyett	3:03.92 ('11)
	Daniel Pecoraro	
	Tyler Hessler	
	Matthew Preedy	
800 Freestyle Relay	John Hu	6:46.84 ('11)
	Nicholas Noga	
	Wesley Elford	
	Alex Benham	