



STEVENS INDOOR TRACK & FIELD



WOMEN'S 2009 NCAA DIVISION III INDOOR QUALIFYING STANDARDS

	ECAC	NCAA Provisional	NCAA Automatic
55 meters (60)	7.54 (8.06)	7.30 (7.82)	7.14 (7.66)
55 meter HH (60 HH)	9.04 (9.62)	8.54 (9.11)	8.25 (8.83)
200 meters	26.89	-	-
400 meters	1:00.00	58.8	56.75
500 meters (600)	1:21.67 (1:40.87)	-	-
800 meters	2:22.74	2:16.50	2:13.50
1000 meters	3:09.08	-	-
1 Mile	5:16.45	5:05.00	4:55.00
3000 meters	10:51.54	-	-
5000 meters	18:44.18	17:42.00	17:10.00
4x200 meter relay	1:50.48	-	-
4x400 meter relay	4:10.48	4:00.00	3:53.50
4x800 meter relay	10:11.38	-	-
DMR	14:10.24	12:17.00	11:53.60
High Jump	1.58m (5'2")	1.66m (5'5")	1.71m (5'7")
Pole Vault	3.10m (10'2")	3.45m (11'4")	3.75m (12'4")
Long Jump	5.09m (16'8")	5.43m (17'10")	5.70m (18'8")
Triple Jump	10.67m (35'0")	11.18m (36'8")	11.75m (38'7")
Shot Put	11.58m (37'12")	12.90m (42'4")	14.00m (45'11")
Weight Throw	14.05m (46'1")	15.35m (50'4")	17.00m (55'9")
Pentathlon	2800 points	3000 points	ns

ns = No Standard

- = Not Contested