



# STEVENS INDOOR TRACK & FIELD



## MEN'S 2011+A1 NCAA DIVISION III OUTDOOR QUALIFYING STANDARDS

	<b>ECAC</b>	<b>NCAA Provisional</b>	<b>NCAA Automatic</b>
<b>100 meters</b>	11.05	10.76	10.55
<b>110 meter HH</b>	15.76	14.88	14.46
<b>200 meters</b>	22.3	21.75	21.31
<b>400 meters</b>	50.10	48.50	47.50
<b>400 meter IH</b>	56.60	54.30	52.65
<b>800 meters</b>	1:55.20	1:53.00	1:50.80
<b>1500 meters (Mile)</b>	4:01.85	3:54.50 (4:13.20)	3:50.60 (4:09.00)
<b>3000 Steeple</b>	9:40.00	9:25.00	9:07.00
<b>5000 meters</b>	15:15.00	14:48.00	14:28.00
<b>10000 meters</b>	32:25.00	31:10.00	30:20.00
<b>4x100 meter relay</b>	44.00	41.90	41.00
<b>4x400 meter relay</b>	3:24.00	3:16.40	3:13.00
<b>Long Jump</b>	6.70m (22')	7.00m (23')	7.30m (24')
<b>Triple Jump</b>	13.70m (45')	14.20m (46'08")	14.85m (48'08")
<b>Shot Put</b>	14.25m (46'09")	15.45m (50'09")	17.00m (55'10")
<b>Discus</b>	43.60m (143')	47.00m (154'02")	51.50m (168'11")
<b>Javeline</b>	54.60m (179'01")	57.80m (189'07")	62.50m (205'01")
<b>Hammer</b>	47.50m (155'10")	52.50m (172'03")	57.00m (187')
<b>High Jump</b>	1.93m (6'04")	2.02m (6'08")	2.11m (6'11")
<b>Pole Vault</b>	4.40m (14'05")	4.70m (15'05")	5.07m (16'08")
<b>Decathlon</b>	Top 12	6,050 points	6,600 points