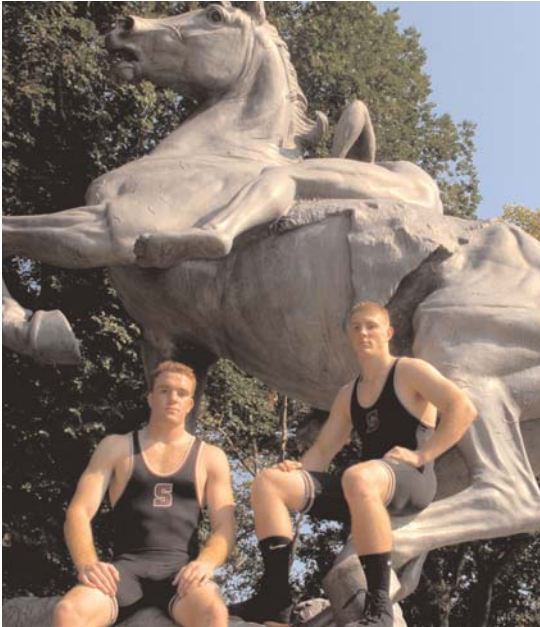


Stevens Wrestling

NCAA Division III - Centennial Conference



Team Captains Zak Lenz (L) and Brandon MacWhinnie (R).

Coaches Corner

Our first newsletter of the 2007-08 Season has some tremendous information for parents, alumni and supporters of our program! You'll notice a summary of our home events as well as our first semester travel schedule. We'll update you each newsletter with stats and team results and great pictures of our team in action on and off the mats!

Our team is just about done with a great pre-season and we're very excited about our upcoming competition schedule. Please contact us anytime with questions or ideas!

Take care!

Mike Clayton
Head Coach
Stevens Wrestling



2007-08 Home Events

12/4	TCNJ	7pm
1/10	Hunter	7pm
1/26	Muhlenberg, USMMA, Ursinus	Noon
2/7	Lycoming	6pm

See a complete schedule for all Stevens Wrestling matches online at:

www.StevensDucks.com

2007-08 Team Captains

Seniors Zak Lenz and Brandon MacWhinnie were named co-captains for the Ducks this season. MacWhinnie is a 3X NCAA Qualifier and a 2006 Academic All-American. Brandon is originally from Barton, NY. He attended Tioga Central High School. Lenz is a 3 year starter carrying over a 3.9 gpa majoring in Business and Technology. Zak's hometown is Little Silver, NJ where he attended Red Bank High School.



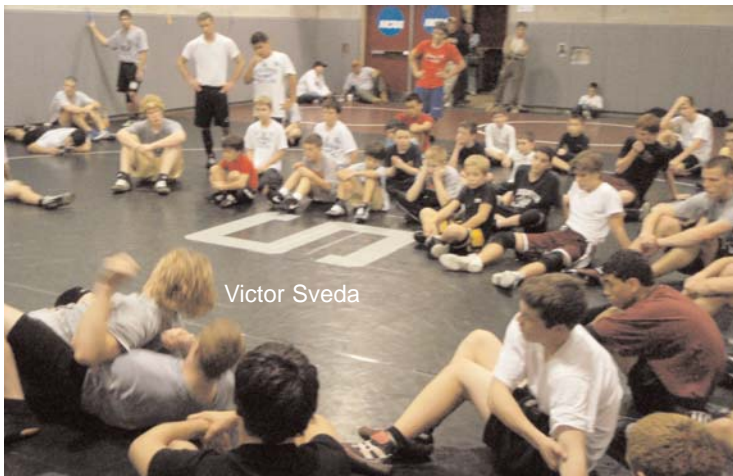
Pre-Season Training

Ducks out of water? We didn't swim the Hudson...yet...but we did find a great hill on campus that allowed us to do some very down and dirty training (literally)! Bear crawls, crab walks, sprints and more were the highlight to a fun day overlooking Manhattan and the Hudson River.





Fall Clinic Campers pose for a group photo with Stevens Team and Staff.



2X All-American Victor Sveda shows technique to campers.

1st Annual Wrestling Clinic a Success!

The First Annual Hudson River Fall Wrestling Clinic was held at our wrestling facility at Stevens on Saturday, October 27th. Over 50 high school and youth coaches and wrestlers gathered at Stevens for a day long technique clinic that featured coaching staff members from Stevens and Columbia University.

Stevens Team members also instructed campers in small group settings to ensure maximum one on one attention.

One coach in attendance commented, *"I would like to congratulate you and the Stevens' staff and wrestlers for running a very successful wrestling clinic. I couldn't help but notice how your wrestlers were courteous and patient in working with our young wrestlers. No question went unanswered, and the ratio of clinic staff to wrestlers was outstanding."*

The one-day clinic helped the team raise over \$2000 to help offset facilities development programs.

Guest technician, Victor Sveda (of Columbia, pictured left) wowed campers with leg technique. Sveda was a 2x All-American at Indiana University.

Stevens Wrestling Webcast Schedule

Tuesday, December 4 - vs. TCNJ	7 p.m.
Thursday, January 10 - vs. Hunter	7 p.m.
Thursday, February 7 - vs. Lycoming	6 p.m.

Visit us online at: www.StevensDucks.com to access wrestling webcasts from home!

Stevens Wrestling Projects

We have several projects underway that will require dedicated wrestling supporters! Small projects include new cardio equipment, travel opportunities for next season, assistant coaching grants, a score clock for the wrestling room and more!

We're also working to raise \$75,000 to fund our new wrestling locker room. Your name here?

Don't forget! Any donation made to Stevens can be earmarked for the Stevens Wrestling Program! Donated funds help us achieve the margin of excellence needed to develop our wrestlers and win championships! Please consider contributing to: Stevens Wrestling, 1 Castle Point Terr, Hoboken, NJ 07030. (And please write "wrestling donation" in the memo line.)

2007 Wrestling Grad Gives Back!



2007 Stevens Wrestling Alumni, William Young, hands Athletic Director Russ Rogers a donation to Stevens Wrestling.

Mr. Young started wrestling at Stevens when current AD Russ Rogers brought wrestling back to Stevens in 2003. After the team began NCAA participation in 2004, Young continued to wrestle and was the varsity starter in 2006-07 at Heavyweight for the Ducks.

Will accepted a position with Verizon Partner Solutions and resides in NJ.

MacWhinnie Receives Award

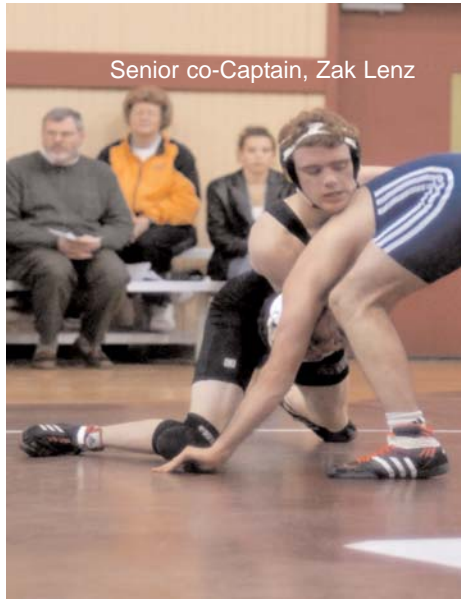
Senior co-Captain, Brandon MacWhinnie, receives the 2007 Centennial Conference Wrestler of the Year Award from Athletic Director Russ Rogers.



Russ Rogers

Brandon MacWhinnie

Brandon won the Centennial Conference Championship at 165 pounds. His outstanding performance at the conference tournament included pinning all three opponents on his way to winning his second conference title.



Senior co-Captain, Zak Lenz

2008 Summer Wrestling Camps Scheduled

Stevens Institute of Technology will host its first ever summer wrestling camp series with four outstanding camps from July 6th to the 13th.

Camps include a five day kids camp for beginners ages 8 and up, a five day technique camp for all levels 12 and up, an eight day intensive training camp and a four day individual and team competition camp. Call or email Coach Clayton for flyers and details!

Kids Camp	July 6-10
Technique Camp	July 6-10
Duck Intensive Camp	July 6-13
Competition Camp	July 10-13

For info: 201.216.8090 or email MClayton@Stevens.edu

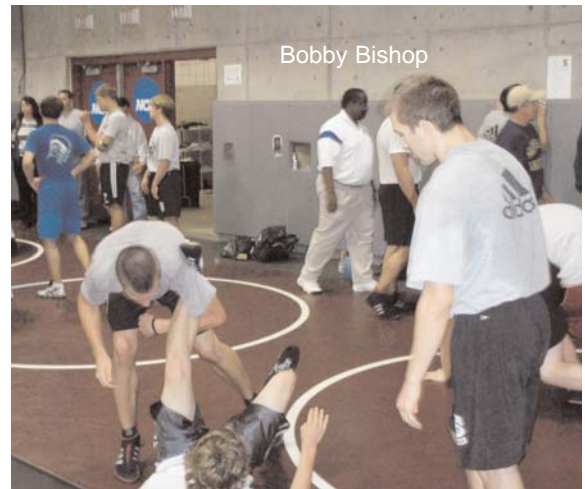
Stevens Wrestling Trivia Quiz

What Stevens wrestling Coach holds the most career dual meet victories in Duck history?

Answer:

Coach T. Burns holds the record with 29 wins from 1987-1992. His best single season record was 10-3-1 with the 1988-89 team.

New Room Upgrades Aid Training - The wrestling room now posts historic coaching records as well as individual "best" records. Also a new video study area helps coaches and athletes critique opponents, matches and technique and mental training sessions



Bobby Bishop



Stevens Wrestling

Are you considering Stevens? Please fill out and return this wrestling prospect form: (please print)

Last Name _____ First Name _____

Home Address _____ City _____ ST _____ Zip _____

Home Phone _____ Cell Phone _____

Email: _____ Date & Year of Graduation _____

High School GPA _____ SAT Scores: Crit Reas _____, Math _____

High School: _____ City _____ ST _____ Zip _____

Coaches Name _____ Coaches Cell _____

Coaches Email _____

Wrestling Accomplishments _____

State Level: Fresh _____ Soph _____ Junior _____ Senior _____

Record _____ Outstanding Opponents _____ W/L _____
Score

Height _____ Weight Class _____

Interest Level in Stevens: (please circle one)

TOP CHOICE TOP 3 TOP 10

Other Schools of Interest:

I authorize the release of my high school transcripts:

signature

Please return to: Stevens Wrestling, 1 Castle Point
on Hudson, Hoboken, NJ 07030

