

## Daily Program

Participants will start off each day with breakfast in the school cafeteria. After breakfast, they will then have a training session. Each training session will have a focus at both the individual and team level, such as individual defense, team defense, individual attack, team attack, etc. After the training session, the participants will have lunch, then their academic session. The participants will have a bit of free time between the classroom session and evening training. This will give them time to do some work for the classes, enjoy the facilities on campus, or hang out. The evening training session will end with a scrimmage where the players are to incorporate what was taught that day. After the training session, there will be free time until lights out, which most days will be at 11:30pm.



The tentative schedule appears below:

<u><i>Wednesday, July 14</i></u>	<u><i>Thursday, July 15 — Saturday, July 17</i></u>	<u><i>Sunday, July 18</i></u>
7 p.m. — 7:30 p.m.	7:30 a.m. — 8:30 a.m.	7:30 a.m. — 8:30 a.m.
Check-In	Breakfast	Breakfast
7:45 p.m. — 8:30 p.m.	9 a.m. — 11:30 a.m.	9 a.m. — 11 a.m.
Introduction and Welcome <i>(Participants &amp; Parents)</i>	Field Session	Final Match
9 — 10 p.m.	12:30 p.m. — 1:30 p.m.	11:30 a.m. — 1 p.m.
Orientation	Lunch	Stevens Admissions Presentation & Student Athlete Panel <i>(Participants &amp; Parents)</i>
	2 p.m. — 3:30 p.m.	1:30 p.m.
	Academic Classroom Session	Camp Closing Ceremony and Check-Out
	5 p.m. — 6 p.m.	
	Dinner	
	7 p.m. — 9 p.m.	
	Field Session	
	10 p.m. — 11 p.m.	
	Specialty Camp Sessions *	

*\* Specialty Camp Sessions include interactive programs designed for Team-building, leadership training and video analysis.*