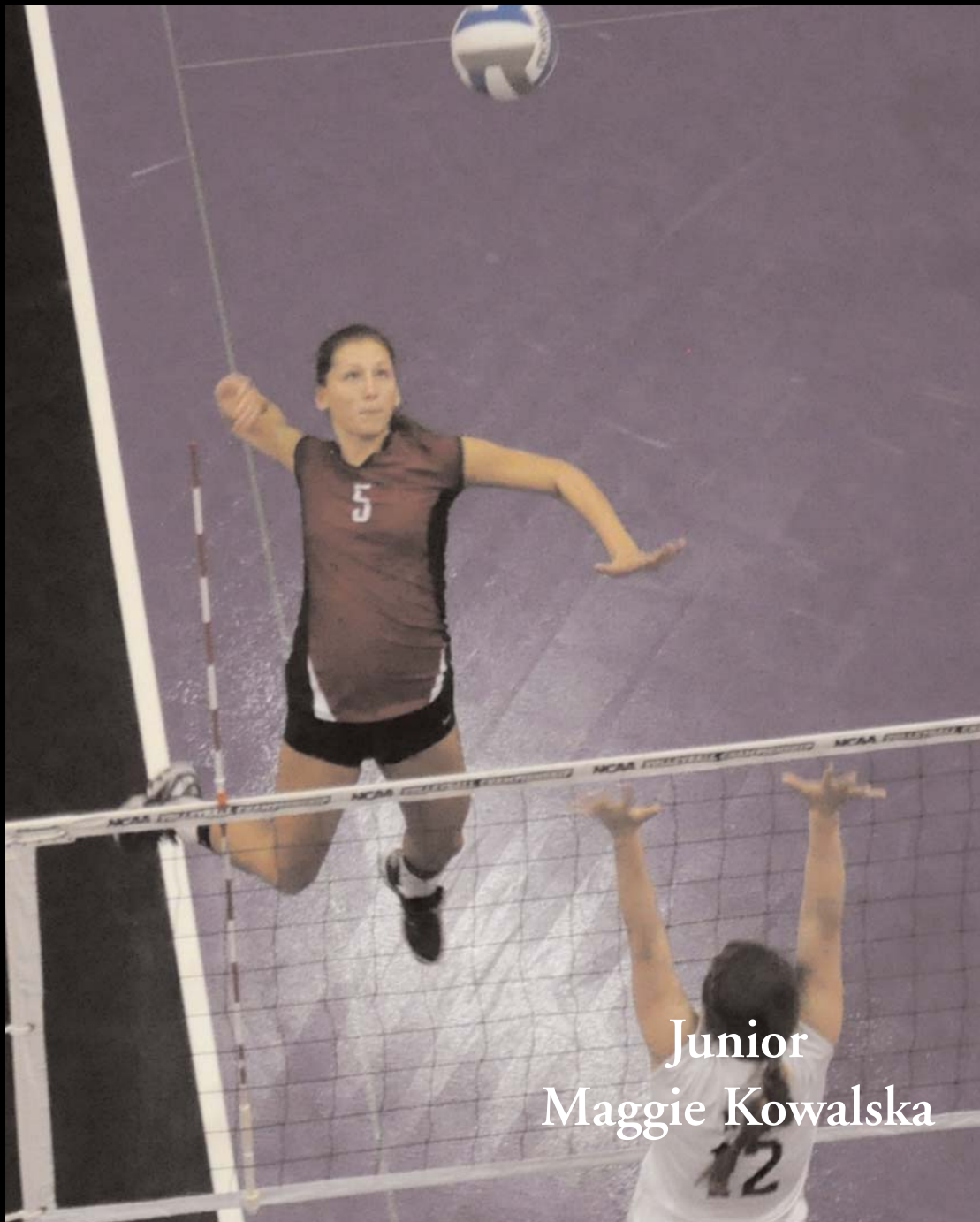




Stevens Institute of Technology
DUCKS



2011 Media Guide



Junior
Maggie Kowalska

Women's Volleyball

Stevens Institute of Technology

Founded in 1870 as the first American college to devote itself exclusively to engineering education based on scientific principles, Stevens Institute of Technology is a prestigious independent university dedicated to research, innovation, and entrepreneurship. A leading national university according to *U.S. News & World Report*, Stevens was, in 2004, ranked by *The Princeton Review* as one of the nation's "Most Entrepreneurial Campuses" and among the nation's "25 most connected campuses" by *The Princeton Review* and *Forbes.com* in 2006.

Stevens' broad-based education will lead you to prestigious degrees and rewarding careers in engineering, business, the sciences, computer science, and the humanities. With 30 majors and three degrees awarded — B.A, B.S., and the prestigious Bachelor of Engineering (B.E.) — Stevens undergraduate students have a wide range of educational options. In addition, Stevens boasts outstanding access to hands-on, real-world experience through cooperative education, internship, and research opportunities which may begin as early as your freshman year.

Master's and doctoral degrees are awarded in a variety of areas within the sciences, computer and information sciences/systems, engineering, management, and technology management. Research is vital to the university's educational mission; thus Stevens attracts world-renowned faculty to complement its exceptional on-campus facilities. That commitment to research and innovation

comes alive through *Technogenesis*, the educational frontier pioneered by Stevens where faculty, students, and industry jointly nurture research concepts to commercialization and back to the classroom. Simply put, groundbreaking research conducted in our facilities has a tangible impact on our daily lives — our partnerships with government and industry are creating innovative solutions to society's most pressing problems.

Located in Hoboken, New Jersey, a quaint one-mile-square town with Victorian brownstones and tree-lined streets dotted with great restaurants and trendy shops, Stevens sits on a high bank of the majestic Hudson River. The 55-acre campus, with stretches of deep green lawns, old-growth elms and maples, and historic classroom buildings, offers the best view of the New York City skyline.

For more information about Stevens, please contact the Office of Undergraduate Admissions at (800) 458-5323, e-mail admissions@stevens.edu, or visit www.stevens.edu.

STEVENS HIGHLIGHTS

Degrees offered: B.S., B.E., B.A., M.S., M.B.A., M.Eng., M.E., Ph.D.

Pre-Professional Programs: Dentistry, Law, Medicine

Number of undergraduate students: 2,234

QUICK FACTS

Nickname Ducks
 Colors Cardinal & Gray
 Affiliation NCAA Division III
 Conference Empire 8
 Home Field De Baun Athletic Complex
 Athletic Director Russell Rogers
 Athletics Phone (201) 216-8040
 Athletics Fax (201) 216-8244
 Soccer Phone (201) 216-8203
 Web Site www.stevensducks.com
 Sports Info Director Rob Kulish
 SID Phone (201) 216-8740
 SID email robert.kulish@stevens.edu
 Assistant SID Justin Lutes
 Asst. SID Email justin.lutes@stevens.edu

Student-to-faculty ratio: 7:1

Stevens aid awarded in 2009-10: \$35 million

Students who receive grant aid: 96 percent

Freshmen who receive merit aid: 83 percent

SAT range of Stevens students: 1180-1350

Average starting salary for Class of 2010: \$61,050

Representation of Stevens student population:
41 states, 28+ countries



Academic Majors

Art and Technology
 Bioanalytical Chemistry
 Bioinformatics
 Biomedical Engineering
 Business and Technology
 Chemical Biology
 Chemical Engineering
 Chemistry
 Civil Engineering
 Computational Science
 Computer Engineering
 Computer Science
 Cybersecurity
 Electrical Engineering
 Engineering Management
 Engineering Physics
 English and American Literature
 Environmental Engineering
 History
 Information Systems
 Information Systems Engineering
 Mathematical Sciences
 Mechanical Engineering
 Music and Technology
 Naval Engineering
 Philosophy
 Physics
 Quantitative Finance
 Science and Law
 Science and Technology Studies

J.J. O'Connell

Head Coach * Tenth Season * State University of New York at Cortland '94

Over the course of the last nine seasons as head coach of the Stevens Institute of Technology women's volleyball team, J.J. O'Connell has elevated the Ducks to the elite level in Division III and has his team in position to contend on the national stage. With seven straight NCAA Tournament bids to his credit, O'Connell is looking to continue the Ducks' recent run of success.

Named the third coach in the history of the program in March of 2002, O'Connell inherited a squad that won just three matches in 2001. After helping the Ducks earn their first-ever berth in the Skyline Conference Tournament in 2003, Stevens reeled off six straight Conference Championships from 2004-09.

In the process, the Ducks captured the New York Regional Championship and advanced to the Elite Eight of the NCAA Tournament in both 2006 and 2007. Stevens ended both years ranked in the Top-25 in the final American Volleyball Coaches Association (AVCA) poll.

O'Connell's players have earned many postseason accolades during his tenure. In five of the past seven years, a Stevens player have been named the conference player of the year. On top of the conference honors, over the past five seasons, six players have earned a total of eleven AVCA All-America honors.

In nine seasons at the helm of the Stevens program, O'Connell has accumulated a combined record of 257-69 with a .788 career winning percentage. His winning percentage ranks him in the top 10 of all active coaches in NCAA Division III Volleyball with at least five seasons of experience.



Prior to Stevens, O'Connell served an undergraduate assistant women's volleyball coach at Cortland before serving as an assistant coach at Ferris State and a graduate assistant coach at the State University of New York at Brockport.

O'Connell, who owns a 245-76 mark as an assistant coach, helped lead Cortland to a pair of fifth-place national finishes in the NCAA Division III Championship before helping Ferris State to a NCAA DII Championship berth and Brockport to a couple of runner-up finishes in the 2000 and 2001 SUNYAC tournaments.

Born and raised in Ithaca, N.Y., O'Connell developed into an outstanding middle hitter at Ithaca High School. A two-year captain for the Little Red program, his senior squad earned a New York sectional championship.

After high school, O'Connell attended the State University of New York at Cortland where he played outside hitter on the Red Dragons' club men's volleyball team while earning his Bachelor of Science degree in Economics and Management Science in 1994.

O'Connell is currently a voter for the AVCA Division III Women's Volleyball Coaches Poll and is the owner and operator of the D3VB website. He previously completed a term as the Chair of the NCAA Women's Volleyball National Committee in 2008 after serving on the NCAA Regional Advisory Committee for the New York Region from 2004-08. He also previously served on the AVCA Division III Head Coaches Committee, the AVCA All-Region Committee, and remains an active official for USA Volleyball.

Routing out O'Connell's staff for the 2011 season are first-year assistant coach **Audrey O'Donnell**, graduate assistant coaches **Melanie Volk** and **Bryant DeFranco** and student assistant coach **Ricky Budar**.

As a student-athlete, O'Donnell earned her Bachelor of Arts degree in Anthropology from Richard Stockton College in 2009. While at Stockton, O'Donnell was a two-time captain and three-time New Jersey Athletic Conference (NJAC) first-team selection, including being named NJAC Player of the Year her senior season. She was also named an honorable mention All-American during her senior campaign and led the Ospreys to two NJAC titles and two NCAA appearances during her sophomore and senior seasons. In her three years at Stockton, the team amassed a record of 72-36 and she accumulated 1,173 kills and 347 total blocks, which still stands as the third most blocks in school history.

Volk is in her second season as a graduate assistant coach for the Ducks' women's volleyball team. She will work primarily with the team's middle blockers. A 2009 graduate of the Institute, Volk



The O'Connell File

Season	Overall	Conference
2002	14-12	4-3 (Skyline)
2003	21-14	5-3 (Skyline)
2004	28-5	8-0 (Skyline)
2005	31-6	8-0 (Skyline)
2006	34-6	8-0 (Skyline)
2007	36-5	8-0 (Empire 8)
2008	33-5	8-0 (Empire 8)
2009	26-10	8-0 (Empire 8)
2010	34-6	5-3 (Empire 8)
Total:	257-69	62-9

put together one of the most decorated careers in program history, helping Stevens compile a 134-22 overall mark during her tenure on the Hudson.

A three-time all-conference honoree, Volk was named the Empire 8 Player of the Year in 2008, while also earning American Volleyball Coaches Association (AVCA) All-Region and honorable mention All-America recognition.

The Thompsons Station, Tenn. native currently ranks second all-time in the program's career kills (1,495), kills per set (3.11), and points (1,795.5) charts, while ranking third in digs (1,431) and points per set (3.74), and fourth in career block assists (167).

DeFranco, who recently graduated from Stevens this past spring, is now a graduate student assistant coach for the women's program. He is in his second year as a coach and will primarily work with the squad's outside hitters.

Budar is in his first season as a student assistant and is a junior on the men's squad.

Meet the Ducks

2011 ROSTER

No.	Name	Cl.	Pos.	Ht.	Hometown/High School
2	Michelle Cloutier	Fr.	S/L	5-5	Tuxedo, N.Y./Tuxedo
3	Kirsten Salmins	Fr.	RS/DS	5-6	Wyckoff, N.J./Ramapo HS
5	Maggie Kowalska	Jr.	OH	5-11	Edison, N.J./John P. Stevens
7	Ashley Castillo	So.	S	5-10	Cresskill, N.J./Cresskill
8	Andrea Bucko	Sr.	S	5-10	Union, N.J./Union HS
9	Hannah Gasper	So.	L	5-8	Bourne, Mass./Bourne
10	Samantha Gates	So.	S	5-8	Wilmington, N.C./John T. Hoggard
12	Kate Janes	Sr.	OH	5-11	Warwick, N.Y./Warwick Valley
13	Mary Caulson	So.	OH	5-10	West Islip, N.Y./West Islip
15	Chrissy Dickinson	So.	MB	6-2	Issaquah, Wash./Issaquah
17	Reanin Glah	Fr.	OH/RS	6-0	West Chester, Pa./West Chester Bayard Rustin
27	Katie Hall	Fr.	OH/MB	6-0	Midlothian, Va./Lloyd C. Bird
31	Mikayla Floyd	So.	OH	5-8	Chester, N.H./Pinkerton Academy



Kate Janes - Sr.
 Major — Chemical Biology
 Appeared in 51 career matches
 Compiled 101 career kills
 Team Captain



Maggie Kowalska - Jr.
 Major — Business
 Two-time AVCA honorable mention All-America
 Two-time first-team All-Empire 8 selection
 2009 Empire 8 Rookie of the Year



Chrissy Dickinson - So.
 Major — Business
 2010 Empire 8 honorable mention
 Set school record with 134 total blocks
 Totaled 283 kills in 2010



Mary Caulson - So.
 Major — Engineering
 Played in 24 matches as a freshman
 Tallied 51 kills in 2010
 Second amongst freshmen with 88 digs



Samantha Gates - So.
 Major — Business
 Returning team leader with 291 assists
 Recorded 28 service aces as a freshman
 Saw action on the court in 25 matches

2011 Season Preview

The Stevens Institute of Technology volleyball team begins its 2011 season on September 1st after one of the best seasons in school history in 2010.

The Ducks start their season by traveling to a tri-match against Hunter College and Fairleigh Dickinson University-Florham hosted by Hunter in New York City. Last season, Stevens defeated each team, dropping FDU-Florham, 3-1, and Hunter, 3-0, in Madison, N.J.

Stevens also has some tough tournaments and non-conference matches scheduled for this season. The opening weekend of the season, the Ducks will travel to Haverford College and play against perennial powerhouses Christopher Newport University, California Lutheran University and Frostburg State University. The Ducks will also hold a challenging tournament at Castle Point on September 30-October 1, as they play host SUNY Cortland, University of Massachusetts-Boston and Richard Stockton College, all of which were in the NCAA tournament last year.

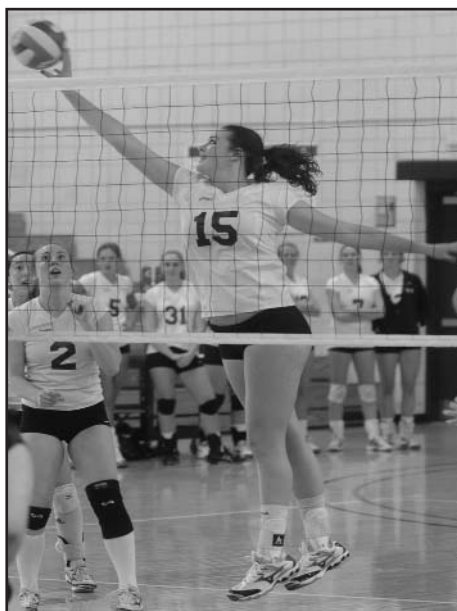
On October 7th, Stevens will hold a tri-match against Vassar College and New York University. Vassar always is a tough match-up, and NYU was the No. 1 seed in the New York Region last year.

Also slated on the 2011 schedule for the Ducks is SUNY New Paltz. Stevens will play the Hawks twice this season.

Head Coach **J.J. O'Connell** looks to build off last year's squad that tied the second-most wins in school history with 34 victories but lost some key pieces to the 2010 team. O'Connell would like to see this year's Ducks play confident volleyball throughout the year, as he has scheduled yet another tough season for this group. He would also like to see the 2011 Ducks hit with a higher percentage than last year (.213), make the serving game tougher on opponents and play strong as a team defensively.

In order to repeat, or better last year's finish, the Ducks will have to replace the leadership and defense of four key contributors from 2010. Stevens lost Julia Reilly, Brittany Conroy, Maggie Majcher and Sara Budar all to graduation.

These four combined for nearly 1,500 digs last season, with Reilly leading the way with 504. Majcher finished second on the team with 344 kills, while Budar was the team's top setter with 1,052 assists. Reilly and Majcher were both All-Empire 8 selections in 2010, while Budar was honorable mention in 2009. Reilly was also named the conference's top defensive specialist



last season.

The Ducks will have a solid group returning, as two-time All-America and AVCA All-Region, and 2009 Empire 8 Rookie of the Year, junior outside hitter **Maggie Kowalska** (Edison, N.J.) returns for her junior season.

Kowalska led the Ducks with 395 kills in 40 matches last year and was second on the team with 131 total blocks.

Also coming back to the Ducks will be sophomore middle blocker **Chrissy Dickinson** (Issaquah, Wash.). Last season, Dickinson set the school-record for blocks with 134 as a freshman and also recorded 283 kills. As a 6-foot, 2-inch threat, every team will have to design their defense around Dickinson. Dickinson was a honorable mention selection in the Empire 8 last year.

At the setter position, O'Connell will have a number of options with returners and newcomers. Sophomores **Samantha Gates** (Wilmington, N.C.) and **Ashley Castillo** (Cresskill, N.Y.) will compete for the spot. Also options as the key communicator on the floor will be sophomore utility player **Mikayla Floyd** (Chester, N.H.) and senior **Andrea Bucko** (Union, N.J.), who took a year off.

Last year, Gates handed out 291 assists in limited playing time and established herself in the spring. Castillo (73 assists) will give O'Connell a bigger front line option, as she stands 5-foot, 10-inches. Floyd spent last season as an outside hitter with 43 kills but could step in as setter. In 2008, Bucko registered 22 assists in eight matches.

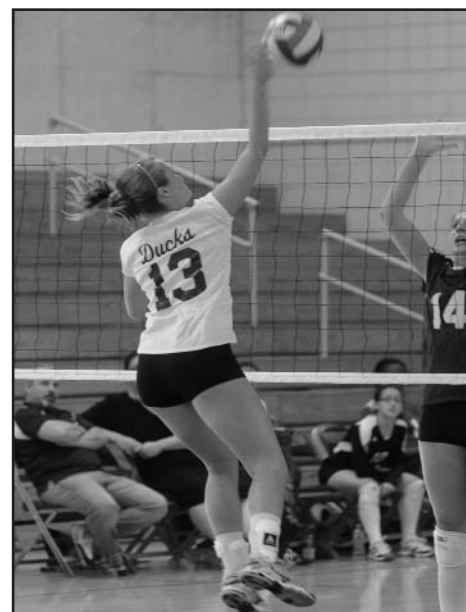
There is a group of middles that will also give O'Connell size and experience on the floor. Senior captain **Kate Janes** (Warwick, N.Y.) will look to be a key on-court leader and help defend the net. Janes recorded 60 kills and 54 blocks last year.

Sophomore libero **Hannah Gasper** (Bourne, Mass.) and sophomore outside hitter **Mary Caulson** (West Islip, N.Y.) will also be back for the 2011 season. Gasper had a strong spring season and will be looked upon as a top communicator on the court. Caulson will add depth to the front line and stepped up last season when two outside hitters went down with injuries. She had 51 kills and 88 digs last year.

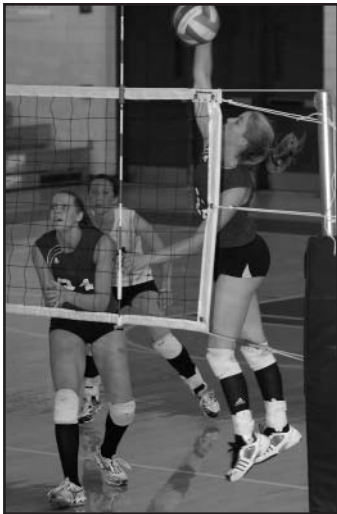
O'Connell will be bringing four new faces to the campus, all of which will be looked upon to contribute immediately. **Katie Hall** (Midlothian, Va.) and **Reanin Glah** (West Chester, Pa.), both stand 6 feet tall and can play anywhere on the floor. Also adding depth to the back line will be setters/defensive specialists **Kirsten Salmins** (Wyckoff, N.J.) and **Michelle Cloutier** (Tuxedo, N.Y.).

In order for the Ducks to reach their goal of winning the New York Region and landing a spot in the Elite 8 of the NCAA championships, they will have to go through nine schools on their schedule that were selected to the tournament last season.

Those teams include: Hunter, NYU, Cal Lutheran, Richard Stockton, CNU, Cortland State, Frostburg State, UMASS-Boston and Ithaca College.



Records & Honors



Career Kills Leader Dawn Herring



Career Assists Leader Gina Joyce

Since 2002, the Stevens Institute of Technology women's volleyball team has made tremendous strides under head coach J.J. O'Connell. In eight seasons, the Ducks have made a name for themselves on the national stage — evidenced by six trips to the NCAA tournament. Here is a look at some of the individual and team accomplishments during the O'Connell era.

NCAA Tournament Appearances

2004, 2005, 2006, 2007, 2009 & 2010

Conference Championships

Conference Regular-Season Champions

2004, 2005 & 2006 - Skyline
2007, 2008, 2009 - Empire 8

Conference Post-Season Tournament Champions

2004, 2005 & 2006 - Skyline
2007, 2008, 2009 - Empire 8

AVCA All-America Selections

Dawn Herring - 2006 & 2007
Melissa Rhode - 2006, 2007 & 2008
Jessica Gardner - 2007
Melanie Volk - 2008
Sarah Byrne - 2008, 2009
Maggie Kowalska - 2009, 2010

AVCA New York Region Selections

Dawn Herring - 2004, 2005, 2006 & 2007
Melissa Rhode - 2006, 2007 & 2008
Jessica Gardner - 2007
Melanie Volk - 2008
Sarah Byrne - 2008, 2009
Maggie Kowalska - 2009, 2010

All-Empire 8 Selections

Dawn Herring - 2007
Melissa Rhode - 2007 & 2008
Melanie Volk - 2007 & 2008
Jessica Gardner - 2007 & 2008
Summer Hamilton - 2008
Sarah Byrne - 2008, 2009
Sara Budar - 2009
Brittany Fuller - 2009
Julia Reilly - 2010
Maggie Majcher - 2010
Chrissy Dickinson - 2010
Maggie Kowalska - 2009, 2010

Conference Player of the Year

Dawn Herring - 2005 (Skyline Co-Player)
Dawn Herring - 2006 (Skyline)
Melissa Rhode - 2007 (Empire 8)
Melanie Volk - 2008 (Empire 8)
Sarah Byrne - 2009 (Empire 8)

Conference Rookie of the Year

Dawn Herring - 2004 (Skyline)
Melanie Volk - 2005 (Skyline)
Maggie Kowalska - 2009 (Empire 8)

Conference Tournament Most Valuable Player

Rachel Ostroff - 2004 (Skyline)
Gina Joyce - 2005 (Skyline)
Melanie Volk - 2006 (Skyline)
Summer Hamilton - 2007 (Empire 8)
Melissa Rhode - 2008 (Empire 8)
Sarah Byrne - 2009 (Empire 8)

Coach of the Year Awards

2004 Skyline Conference
2007, 2008, 2009 Empire 8

AVCA New York Regional Coach of the Year

2008

Team Academic Award

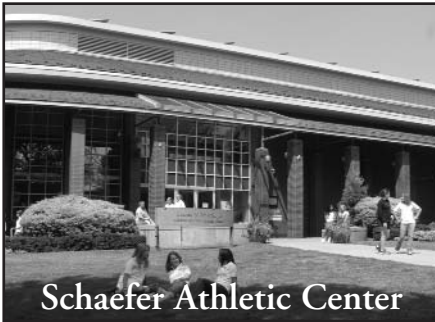
American Volleyball Coaches Association
2002, 2003, 2008 & 2010

Team Single-Season Records Set Under J.J. O'Connell

Wins36	2007
Kills	2,090	2007
Kills Per Set	15.04	2007
Attack Percentage	0.249	2007
Assists	1,885	2007
Assists Per Set	13.56	2007
Block Solos	135	1991
Block Assists	499	2010
Service Aces	488	2006
Digs	2,618	2007
Digs Per Set	19.7	2002
Points	2,751	2007
Points Per Set	19.79	2007



Stevens Athletic Facilities



Schaefer Athletic Center

THE STEVENS ADVANTAGE . . .

The Stevens Institute of Technology Athletic Complex is comprised of over \$20 million in facilities and caters to only 1,900 students.

Stevens opened its \$13 million Charles V. Schaefer, Jr. Athletic & Recreation Center in 1994. The Athletic Training Center contains a rubberized flooring which can accommodate soccer, tennis, basketball, volleyball and other activities. The second level contains the six-lane 25-yard De Baun Aquatic Center, a Jacuzzi, showers, locker rooms and an athletic training room. The third level features the Canavan Arena, a multi-purpose arena ideal for basketball, volleyball, fencing and other indoor activities. The top floor houses a fitness center containing cardiovascular and weight-training equipment plus a conference/classroom for video or personal instruction.

Walker Gymnasium re-opened in 2004 with its \$4 million modernizing renovation. The facility has central air conditioning, a state-of-the-art weightlifting facility, coaches' offices, five team locker rooms with showers, a recruiting lounge and many aesthetic upgrades. The main floor continues to house the basketball/volleyball court with a raised running track.

During the summer of 2007, the De Baun Athletic Complex underwent a major renovation as the existing NeXturf surface was replaced with state-of-the-art FieldTurf. This marked a significant upgrade to the surface and provided Stevens with a first-class outdoor facility. The De Baun Athletic Complex is home to a number of varsity teams and is used for intramural sports, physical education classes and recreation.

Furthermore, in 2007, Stevens reached an agreement to share the brand-new Weehawken Recreation Center and Waterfront Park, which is located approximately two miles from campus. This facility will be used by varsity and intramural sports as well as campus recreation.

Stevens is one of few Division III institutions in the nation to establish a private strength and conditioning training facility (4,000 square foot) for exclusive use by its varsity athletes. Year-round strength and conditioning programs for each sport are devised through consultations between the sport's head coach and two full-time strength and conditioning coaches.



Varsity
Locker Room



Strength &
Conditioning



Walker
Gymnasium

2011 Schedule

Date	Opponent	Time	Date	Opponent	Time
9/1	at Hunter College	3 p.m.	10/15	Averett University (Senior Day)	10 a.m.
9/1	vs. Fairleigh Dickinson University - Florham	5 p.m.	10/15	SUNY New Paltz	12 p.m.
9/3	vs. Frostburg State University %	10 a.m.	10/15	Rutgers University-Camden	2 p.m.
9/3	vs. Susquehanna University %	2 p.m.	10/21	vs. Alfred University (hosted by St. John Fisher) *	7:30 p.m.
9/4	vs. No. 8 California Lutheran University %	10 a.m.	10/22	vs. Elmira College (hosted by St. John Fisher) *	10 a.m.
9/4	vs. No. 4 Christopher Newport University %	4 p.m.	10/22	vs. Ithaca College (hosted by St. John Fisher) *	3 p.m.
9/9	vs. Massachusetts Institute of Technology !	6 p.m.	10/28	vs. Keene State University (at Conn. College)	8 p.m.
9/9	vs. Montclair State University !	8 p.m.	10/29	vs. Tufts University (at Conn. College)	12 p.m.
9/10	vs. Wesleyan College (Conn.) !	12 p.m.	10/29	at Connecticut College	2:30 p.m.
9/10	at Vassar College !	2 p.m.	11/5	at Empire 8 Championship	TBA
9/14	Haverford College	7 p.m.	11/11	at NCAA New York Regional @	TBA
9/16	SUNY Oneonta ^	4 p.m.	11/12	at NCAA New York Regional @	TBA
9/16	Fairleigh Dickinson University - Florham ^	8 p.m.	11/13	at NCAA New York Regional @	TBA
9/17	Franklin College ^	10 a.m.	11/18	at NCAA Elite 8 @	TBA
9/17	Elmira College ^	2 p.m.	11/19	at NCAA National Semifinals @	TBA
9/24	vs. Utica College (hosted by Elmira) *	12:30 p.m.	11/20	at NCAA National Championship @	TBA
9/24	vs. St. John Fisher College (hosted by Elmira) *	5:30 p.m.		Home Games in Bold	
9/25	vs. Nazareth College (hosted by Elmira) *	9 a.m.		* Empire 8 Match	
9/25	vs. Hartwick College (hosted by Elmira) *	2 p.m.		% Haverford College Tournament	
9/30	Richard Stockton College ~	4 p.m.		! Vassar College Tournament	
9/30	No. 19 University of Massachusetts - Boston ~	8 p.m.		^ 2011 Ducks Classic	
10/1	Baruch College ~	10 a.m.		~ 2010 Ducks Invitational	
10/1	SUNY Cortland ~	2 p.m.		# Springfield College Tournament	
10/5	No. 21 New York University	4:30 p.m.		@ NCAA Tournament	
10/5	Vassar College	7 p.m.		Rankings (i.e. No. 8) reflect preseason ranks	
10/7	vs. Plymouth State University #	7 p.m.			
10/8	vs. SUNY New Paltz #	10 a.m.			
10/8	vs. Westfield State University #	12:30 p.m.			
10/8	at Springfield College	3 p.m.			
10/14	at Polytechnic Institute of New York University	5 p.m.			

